



National Alliance on Mental Illness

Family Support Group



What is the NAMI Family Support Group Program?

NAMI Family Support Groups, offered by NAMI Affiliates in communities across the country, are free, confidential and safe groups of families helping other families who live with mental health challenges. In NAMI Family Support Groups, families join a caring group of individuals helping one another by utilizing their collective lived experiences and learned wisdom. Family member can achieve a renewed sense of hope for their loved one living with mental health challenges.

NAMI Franklin County, the local organization of the National Alliance on Mental Illness, offers its NAMI Family Support Groups via Zoom. Please visit website at www.namifranklincounty.org for more information. The Meeting ID for each group 988-827-2804, the password is 6145016264.

Participant Perspectives



“The most beneficial thing for me was that I am not alone. I found the NAMI Family Support Group at the time I really needed it!”

“The support group facilitators and attendees were respectful of other people’s experiences and were non-judgmental when there were different ways of handling

“I felt I received constructive, practical and helpful information from group members.”

Contact us to find out more about NAMI Family Support Groups!



National Alliance on Mental Illness

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About NAMI

NAMI, the National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Franklin County is an affiliate of NAMI Ohio. NAMI Franklin County and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.